

SATURDAY APRIL 18

9:00 - 10:00 AM SPEAKERS

Ballroom A

Louise C.
Traditions

Amber K.
Self Worth

Ballroom B

Debbie C.
Staying Clean Through
an Emotional Roller
Coaster

Dave P.
Community

10:00 - 11:00AM BREATHWORK MEDITATION

Serenity Room - Departure Bay B
Dagny O.

10:15 - 11:45 AM DISCUSSIONS

Ballroom C
Roundtable Discussions (Interactive)

10:30 - 11:30 AM SPEAKERS

Ballroom A

Lynda R.
Predatory Behaviour

Carmella R.
Staying Clean No
Matter What

Ballroom B

Kendra C.
Cravings, Triggers &
Real-Life Tools

Richard M.
Unity (Tradition 1)

11:30 AM - 1:30 PM LUNCH BREAK

Ballroom C

Jam Session - Bring an instrument/guitar!



SATURDAY APRIL 18

1:30 - 2:30 PM SPEAKERS

Ballroom A

Ron O.
Step 1: Leaving a Legacy
of Recovery

Sara C.
Spirit of Diversity and
Inclusion

Ballroom B

Dave Sk
Service as a Spiritual
Practice

Rebecca L.
Growing Up in NA

2:00-3:00 PM BREATHWORK MEDITATION

Serenity Room - Departure Bay B
Dagny O.

3:00 - 4:00 PM SPEAKERS

Ballroom A

Rich T. & Leana T.
Relationships

Jill & Jamie McD
Communication

Ballroom B

Kendyl S.
Recovery & Relapse /
Making Amends

Dave S.
Building Self-Esteem

4:30 - 6:30 BUFFET DINNER

Main Ballroom (C & D) - *Ticket Required*

7:00 - 9:00 PM - MAIN SPEAKER

Main Ballroom (C & D)
Housekeeping, Introduction of Committee,
Gratitude Gear Draws, Readings, Countdown.

Ewan K - Main Speaker (Victoria)

9:00 - 9:30 PM - ! LIVE AUCTION ! - LOBBY

9:30 - 11:30 LIVE BAND

Main Ballroom (C & D) - *Ticket Required*

SUNDAY APRIL 19

8:00 - 9:00 AM EARLY BIRD MEETING

Ballroom A

9:00 - 10:30 BREAKFAST BUFFET
Main Ballroom (C & D) - *Ticket Required*

11:00 - 12:00 AM - MAIN SPEAKER

Main Ballroom (C & D)

Housekeeping, Readings

Riley W. - Main Speaker (Calgary)

Ainslie G. - Main Speaker (Surrey)

Convention Closing Remarks & Closing Ceremony



**A HEARTFELT THANKS TO OUR HOST
ORGANIZING COMMITTEE, SUB
COMMITTEE MEMBERS, AND ALL
VOLUNTEERS FOR MAKING BCRNA #33
HAPPEN.**

WE ARE GRATEFUL!